

Mini-Course: LEADERSHIP & POWER DYNAMICS

CE Hours: 1

**Reading:
Pp. 223-230,
247-249**

Learning Goals:

1. To explain how an understanding of power dynamics can increase a practitioners' skillfulness in the right use of their power.
2. To describe 6 specific and relevant professional power dynamics and their impact.
3. To identify and understand your own leadership style.

Self-Study Practice:

Complete the Leading and Following assessment on page 230.

Assessment Questions:

1. From the author's personal experience notes elucidate:
 - two items that have personal relevance to you
 - two items that are new ideas or are thought-provoking to you
 - one item that you have questions about
 - one item that you would add to this list based on your experience
2. How can an understanding of power dynamics help you avoid misuses of power?
3. Describe what you consider the shadow of your use of power and it's impact.
3. What leadership style do you most resonate with? Which leadership style would you like to gain more facility with?

Feedback

1. Please rate in terms of value: 1 (lowest) 5 (highest)
 - professional _____
 - personal _____
 - reading _____
 - self-study _____
 - questions _____

2. Please rate from 1 (lowest).....5 (highest)
- What was the degree of ease, if needed, in communicating with me _____
 - What is the quality of reading materials (ie professional in appearance, accurate information, free of typos) _____
 - Was there adequate support for the content questions _____
 - Were the unit objectives supported by the home study materials _____
 - Were assignments carried out in a private and secure manner _____
 - Did the content lend itself to a home study format _____
3. How many hours/minutes did the following pieces take you?
- reading _____
 - self-study _____
 - questions _____
4. Anything else you'd like to say?
5. Your Helping Profession _____
6. Organization Requiring CEUs _____

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