

Mini-Course: REFERRALS

CE Hours: 1

Reading:
Pp. 183-188,
135-138, 242-
244

Learning Goals:

1. To have a felt sense of your experience of your range of competency and training.
2. To be familiar with the procedure(s) and attitudes to use in making appropriate and successful referrals.
3. To gain more skill and sensitivity in assessing for the limits of your competence.

Self-Study Practice—Being Outside:

Turn your awareness inside and let your memory be a friend and offer you a time when you either operated outside the level of your competence or were concerned that you were doing so. Let that memory develop in experience and notice what signals you were getting that let you know. Then write the signals down so that you can claim and remember them for the future.

physiological signals:
from yourself.....from your client

emotional signals:
from yourself.....from your client

verbal or thought signals:
from yourself.....from your client

Assessment Questions:

1. How do you make assessments about the level of healthy functioning that is within the range which you are trained to work with?
2. Name 8 characteristics and behaviors that are touchstones for health.
 - 1.
 - 2.
 - 3.
 - 4.
 - 5.
 - 6.
 - 7.

8.

3. Explain how the power differential increases the complexity and/or possibility for misunderstandings to occur.

Feedback

1. Please rate in terms of value: 1 (lowest) 5 (highest)

professional _____
personal _____
reading _____
self-study _____
questions _____

2. Please rate from 1 (lowest).....5 (highest)

What was the degree of ease, if needed, in communicating with me _____
What is the quality of reading materials (ie professional in appearance, accurate information, free of typos) _____
Was there adequate support for the content questions _____
Were the unit objectives supported by the home study materials _____
Were assignments carried out in a private and secure manner _____
Did the content lend itself to a home study format _____

3. How many hours/minutes did the following pieces take you?

reading _____
self-study _____
questions _____

4. Anything else you'd like to say?

5. Your Helping Profession _____

6. Organization Requiring CEUs _____

Continuing Education

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